

STARTERS & SHARERS

OLIVES 	3.9
A selection of Italian olives. GF	
DOUGH BITES* 	4.4/6.2
Bites of baked dough served with garlic or chilli dipping oil. Regular or large.	
GARLIC BREAD* 	5.3
Garlic, extra virgin olive oil & fresh rosemary.	
• With mozzarella	6.5
• With balsamic & tomato 	5.9
ANTIPASTI CARNI*	12.5
Burrata, Prosciutto di San Daniele, spianata piccante, rocket & cherry tomatoes. Served with our homemade walnut pesto, balsamic glaze & homemade ciabatta.	
ANTIPASTI VERDURE*	11.5
Burrata, roasted aubergine, roasted courgette & roasted peppers seasoned with garlic, parsley & black pepper. Served with our homemade walnut pesto, balsamic glaze & ciabatta.	
BURRATA*	8.8
A seductive pouch of mozzarella with a rich & creamy soft centre, drizzled with balsamic glaze & nestled on a bed of fresh tomato & rocket. Served with homebaked ciabatta.	
ARANCINO	5.9
A classic Sicilian street food served as one generously sized saffron risotto ball with Parmigiano Reggiano & fior di latte mozzarella, encased in a crispy Panko breadcrumb shell.	
• Filled with a slow cooked beef & pork ragu	
• Filled with walnut pesto & provola	

NEAPOLITAN PIZZA

Our dough is made on-site daily using the finest 00-grade flour then long proved at a controlled temperature for a minimum of 24 hours. Once ready, it's given the 'Neapolitan Slap' (yes really - Google it), then topped with the finest ingredients & cooked to perfection in our Neapolitan ovens.

MARINARA 	8.5
San Marzano D.O.P. tomatoes, garlic, oregano, basil & extra virgin olive oil.	
MARGHERITA	9.7
San Marzano D.O.P. tomatoes, fior di latte mozzarella, Parmigiano Reggiano, fresh basil & extra virgin olive oil.	
PESTO ROYALE	14.1
Homemade walnut pesto base, fior di latte mozzarella, fresh chillies, red onions, artichoke, portobello mushrooms roasted in truffle oil & extra virgin olive oil.	
AMERICANA	13
San Marzano D.O.P. tomatoes, fior di latte mozzarella, pepperoni & roasted peppers.	

VESUVIO	12.5
Arrabbiata sauce, provola, spianata piccante, nduja & fresh chilli.	
FUNGHI	11.7
San Marzano D.O.P. tomatoes, fior di latte mozzarella, portobello mushrooms roasted in truffle oil & extra virgin olive oil.	
ORTOLANA	10.9
San Marzano D.O.P. tomatoes, fior di latte mozzarella, roasted aubergine, roasted courgette & roasted peppers seasoned with garlic, parsley & black pepper.	
NEPTUNA	11
San Marzano D.O.P. tomatoes, anchovies, capers, oregano, olives & fresh basil.	


BRUSCHETTA*	6.9
Toasted homemade ciabatta with bufala mozzarella & rocket. Served with either;	
• Fresh chopped tomatoes combined with garlic, basil & olive oil	
• Roasted truffled mushrooms	
PARMIGIANA DI MELANZANE	8.3
Baked aubergine with fior di latte mozzarella, Parmigiana Reggiano, San Marzano D.O.P. tomatoes, & fresh basil.	
ITALIAN FRIES 	4
Crispy fries, seasoned to perfection with oregano & salt.	
CROCCHÈ	5.2
Originating in Naples, this Italian street food has a crisp coating of breadcrumbs on the outside, & a centre oozing with the cheesy goodness of fior di latte mozzarella plus peas, mint & basil. Expect a spectacular cheese pull!	
SALADS	
RUCOLA	4.2
Fresh rocket with shavings of Parmigiano Reggiano, finished with extra virgin olive oil & balsamic vinegar. GF	
GIARDINO 	4.5
Seasonal lettuce, cherry tomatoes, cucumber, onion, peppers, olives & finished with our Proove dressing. GF	
CAPRESE	4.5
Bufala mozzarella & fresh tomatoes topped with extra virgin olive oil & fresh basil. GF	

*Can be made gluten free, ask your server +1

Just like our favourite foodie spots in Naples, each dish is served as soon as it's ready to ensure it's super fresh. This means that some dishes may arrive at different times, so just tuck in as soon as you can & enjoy.

DIAVOLA	13.9
San Marzano D.O.P. tomatoes, fior di latte mozzarella, nduja, fennel salami & chillies.	
MELANZANE	11.4
San Marzano D.O.P. tomatoes, fior di latte mozzarella, fresh basil, fried aubergine & basil infused olive oil.	
QUATTRO STAGIONI	14.2
San Marzano D.O.P. tomatoes, fior di latte mozzarella, pepperoni, ham, portobello mushrooms roasted in truffle oil & olives.	
SAN DANIELE	14.6
San Marzano D.O.P. tomatoes, fior di latte mozzarella, Prosciutto di San Daniele, rocket, shavings of Parmigiano Reggiano & extra virgin olive oil.	

DOLCE

PIZZA DOLCE	4		
Our Proove pizza base with your choice of toppings.			
• Available gluten free			
Choose a base;			
	• Nutella		
	• Biscoff 		
Choose your toppings;			
• Banana	+0.5	• Raspberries	+0.5
• Pistachio	+0.5	• Kinder Bueno White	+1
• Strawberries	+0.5	• Crushed Oreo	+1
• Blueberries	+0.5	• White chocolate sauce	+1
GELATO	2.1/3.4/4.5		
Vanilla • Hazelnut • Belgian Chocolate • Ask for specials.			
SORBET	2.1/3.4/4.5		
Lime • Lemon • Strawberry • Ask for specials.			
AFFOGATO	4.8		
A scoop of vanilla gelato with an espresso poured over.			
Add a shot of your favourite liqueur +2.5			
TIRAMISÙ	5.2		
A Proove classic.			



LUNCH MENU
10" pizza, side & drink from **£10.90**
Available weekdays 12-3pm

GO BOTTOMLESS **£30PP**




12-3pm Daily. Any main menu pizza & free flowing drinks. T&C's apply.



ALLERGEN MENU
Scan the QR code opposite to view our allergen menu.

CALZONE	14.2
Fior di latte mozzarella, fennel salami, roast ham, nduja, roasted onions, Parmigiano Reggiano, fresh basil. Served alongside rocket & San Marzano D.O.P. tomatoes.	
CALZONE ORTOLANA	11.8
San Marzano D.O.P. tomatoes, fior di latte mozzarella, roasted aubergines, roasted courgettes & roasted peppers seasoned with garlic, parsley & black pepper.	

An optional 10% service charge will be applied to the bill. 100% of this goes to our team.

 Suitable for vegetarians  Suitable for vegans  Gluten free

Please let our team know if you have allergies, or dietary requirements. As our dishes are handmade in our busy kitchens, unfortunately we can't guarantee they'll be 100% free of allergens or contaminants.



CHOCOLATE BROWNIE	5.2
Our homemade brownie, served with a scoop of gelato. Vegan option available with a scoop of sorbet. Both delicious & gluten free too!	
ANGIOLETTI DOLCE	4
Aptly named after 'Angels' these tasty strips of dough are delicately fried & bathed in Nutella.	
BOMBOLONI	4
This addictive treat is eaten all over Italy. Small, sweet balls of dough made with citrus zest & dusted with cinnamon sugar. Dip in Nutella for pure indulgence.	
NOCCIOLA CHEESECAKE	5.2
A Proove fave! Delicious hazelnut cheesecake.	
BISCOFF CHEESECAKE	5.2
A creamy, indulgent cheesecake with a Biscoff base.	

KIDS CLUB

Weekdays 4-6pm
Free kids pizza with every full paying adult.

TRY A DIFFERENT BASE

*Switch to a Gluten Free base	1
Switch from San Marzano to our Arrabbiata or Walnut Pesto sauce	1

SPECIALS

Ask your server for this week's specials.

EXTRA TOPPINGS



Feel free to personalise your pizza.

MEATS				
	Roast Ham	Fennel Salami	San Daniele	2
	Nduja	Spianata	Pepperoni	Anchovies
CHEESE				
	Extra fior di latte			2
	Provola			2.5
	Switch to Bufala mozzarella			2.5
	Add a whole Burrata			5

VEGETABLES				
Fresh chillies		0.5		
Fried aubergine	Roast onion	Mushrooms	1	
Artichoke	Olives	Peppers	Courgette	Rocket

DRINKS

DRAUGHT BEER

		HALF / PINT	
PROOVE PALE	4.1%	 	3.1 / 6
PERONI	5.1%		3.5 / 6.6
SHINDIGGER WEST COAST	5.4%		3.1 / 6
SHINDIGGER FESTIVA	4.4%		3.1 / 6

BOTTLED BEER

		330ml	
PERONI	5.1%		4.9
PERONI GLUTEN FREE	5.1%		4.9
PERONI LIBERA	0%		4.2
BIRRA ICHNUSA	4.7%		5

CIDER

		330ml	
THISTLY CROSS	6.2%		5.9
THISTLY CROSS ELDERFLOWER	4.0%		5.9

GIN

		Includes mixer	
JJ WHITLEY LONDON DRY	38%		7.1
MALFY	41%		7.7
Original • Lemon • Pink Grapefruit • Blood Orange			
SIPSMITH ORIGINAL	41.6%		7.8
WARNER EDWARDS ELDERFLOWER	40%		7.5
WARNER EDWARDS RHUBARB	40%		7.5

VODKA

		Includes mixer	
STOLICHNAYA			7.8
Original (40%) • Salted Caramel (37.5%)			
Vanilla (40%) • Raspberry (37.5%)			
JJWHITLEY ARTISAN	38%		7.4
BELDEVERE	40%		8.5

BOURBON & WHISKEY

		Includes mixer	
WOODFORD RESERVE BOURBON	40%		8
BUSHMILLS BLACK BUSH	40%		7.5
JOHNNIE WALKER BLACK LABEL	40%		7.9

RUM

		Includes mixer	
HAVANA CLUB 3 YEAR WHITE	40%		6.9
KRAKEN BLACK SPICED	40%		7.2
MOUNT GAY ECLIPSE	40%		7.2
HAVANA CLUB 3 YEAR DARK	40%		7.6

LIQUEURS

BAILEYS	17%		3.0
CAMPARI	25%		3.0
FRANGELICO	20%		3.8
DISARONNO	28%		3.8
MONTENEGRO	23%		3.8
LIMONCELLO	27%		4
PATRON SILVER TEQUILA	40%		5.5

CLASSIC COCKTAILS

ESPRESSO MARTINI	9.5
Bittersweet favourite. Choose Salted Caramel or Vanilla.	
ITALIAN SPRITZ	9.5
Classic Italian tipple. Choose Aperol or Limoncello.	
MOJITO	9.5
Unbelievably refreshing. Rum & mint: a perfect pairing.	
NEGRONI	9.5
An Italian favourite. Choose Classic or Sbagliato.	
CUBAN	9.9
Spiced rum, lime & mint, topped with Prosecco.	

PORN STAR MARTINI	9.9
A sweet, aromatic crowd-pleaser. Served with Prosecco.	
OLD FASHIONED	9.9
Bourbon & Rye whiskey, with sugar syrup & bitters.	

COCKTAILS

APPLE & GINGER FIZZ	5.5
MANGO & PASSIONFRUIT COLLINS	5.5
MINT & RASPBERRY COOLER	5.5
TUTTI FRUITY	5.5

WINE

RED

	175ML / 250ML / BOTTLE	
LUIGI LEONARDO SANGIOVESE	5.9 / 7.7 / 22.5	
Full & Fruity, with undertones of soft red fruits. Harmoniously smooth. 12.5%		

BARBERA CORNALE	7 / 9.5 / 27.5
Medium bodied with some lovely black cherry notes & a delicate finish. 12%	

SUSUMANIELLO SERRE SALENTO	36
Elegant & rich, with dark fruits & a hint of smokiness. Ruby red & silky smooth. 13.5%	

AGLIANICO DEL SANNIO IORIO	40
A big, bold red wine, with vanilla & sweet oak. From Campania, the home of pizza. 14%	

SORAIGHE VALPOLICELLA RIPASSO	42
A beast of a wine that sits comfortably between Valpolicella & Amarone. Always a delight. 14%	

FIZZ & ROSÉ

	125ML / BOTTLE	
PROSECCO PERLINO DOC EXTRA DRY	5.6 / 33	
Clean & fresh with delicate notes of lime & pear. 11%		

CAMPO DEL PASSO PROSECCO ROSATO	36.5
Fruity & soft, with a delightful sparkle. 11%	



WHITE

	175ML / 250ML / BOTTLE	
LUIGI LEONARDO CHARDONNAY-TREBBIANO		
Clean & bright with Trebbiano dominating the palate. 12.5%	5.9 / 7.7 / 22.5	

INTRIGO SAUVIGNON BLANC	7 / 9.5 / 27.5
More Sancerre than Malborough, this is a clean & zesty delight. 12%	

PINOT GRIGIO I GADI	7.6 / 10.5 / 29.5
Dry & light bodied with fresh kiwi undertones & a touch of skin contact. 12%	

NATURALMENTE BIO GRILLO	35
Soft & wonderfully fragrant, with complex flavours that linger on the palate. 13%	

GAVI PODERI DELLA COLLINETTA	38
This legend is made from the gorgeous Cortese grape. Elegant & complex. 12.5%	

CAMPO DEL PASSO PROSECCO VALDOBBIADENE DOCG	41
Aged in the bottle like Champagne, this rich Prosecco is bold with a butterscotch note. 11.5%	

BARDOLINO ROSE LA QUERCIA	8.3 / 10.9 / 32
A fabulous, dry & crisp Rosé blend from Northern Italy. 12%	

SOFT DRINKS & MIXERS

COCA COLA	3.1
Original • Diet Coke • Coke Zero	

SAN PELLEGRINO	3
Lemon • Orange • Blood Orange	

DOUBLE DUTCH	2
Tonic • Skinny Tonic • Soda Water • Ginger Beer • Ginger Ale	

FIUGGI STILL WATER	4.2
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FIUGGI SPARKLING WATER	4.2
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FRUIT JUICE	3
Orange • Pineapple • Apple • Cranberry • Mango	

HAPPY HOUR

WEEKDAYS 4 - 6.30PM

GREAT OFFERS ON OUR COCKTAILS, WINES & BEERS!

MILKSHAKES	5.5
Made with the finest Italian Gelato & served with cream.	

Ask your server about special flavours;			
VANILLA		STRAWBERRY	
CHOCOLATE		HAZELNUT	

HOT DRINKS	Dairy free alternatives available.
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AMERICANO	3.3	ESPRESSO	2.5/3
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LATTE	3.4	MACCHIATO	2.6/3
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CAPPUCCINO	3.4	FLAT WHITE	3.5
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TEA	2.6
Breakfast • Earl Grey • Green Tea • Peppermint	




HOT CHOCOLATE	3.3	DELUXE	4.5
		Contains Nutella	

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Sign up to our loyalty scheme & receive an initial 10% discount, plus FREE PIZZA on your birthday. Start collecting loyalty points today.

100 POINTS = FREE PIZZA

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